

ASIAN Continental Records (as at 12th Apr 2023)

Youth / U 18 Boys

100 m	10.09	Phuripol Boonson	THA/06	Cali	02.08.2022
200 m	20.19	Phuripol Boonson	THA/06	Almaty	26.06.2022
300 m	33.54	Fuuto Takasu	JPN/04	Chiba	07.08.2021
400 m	45.60	Ibrahim Ismail	QAT/72	New Delhi	17.11.1989
800 m	1:44.34	Bilal Mansour Ali	BRN/88	Conegliano	17.06.2005
1000 m	2:17.44	Hamza Driouch	QAT/94	Sollentuna	09.08.2011
1500 m	3:33.86	Bilal Mansour Ali	BRN/88	Milano	01.06.2005
3000 m	7:47.65	Adam Ismail Khamis	BRN/89	Alger	22.06.2006
5000 m	13:34.74	Keita Sato	JPN/04	Kanagawa	03.10.2021
10000 m	28:02.08	Adam Ismail Khamis	BRN/89	Doha	09.12.2006
2000 m Steeple	5:32.13	Kamal Ali Thamer	QAT/88	Doha	13.05.2005
3000 m Steeple	8:32.72	Chen Ming	CHN/85	Tiantai	26.10.2002
110 m H(91.4 cm)	13.12	Chen Yuanjiang	CHN/06	Shanghai	03.09.2022
400 m H	50.03	Hiroshi Kakimori	JPN/68	Ise	31.08.1985
High Jump	2.27	Huang Haiqiang	CHN/88	Marrakech	16.07.2005
Pole Vault	5.46	Masaki Ejima	JPN/99	Kitakami	07.10.2016
Long Jump	8.17	Zhang Xiaoyi	CHN/89	Chongqing	23.04.2006
Triple Jump	16.89	Gu Junjie	CHN/85	Guangzhou	24.08.2000
Shot Put (5 kg)	22.10	Wang Like	CHN/89	Huizhou	22.07.2006
Discus (1.5 kg)	68.28	Li Zedong	CHN/89	Yantai	11.10.2006
Hammer (5 kg)	85.26	Moh.Ashraf Amjad Al-Saifi	QAT/95	Rhede	20.07.2011
Javelin (700 g)	82.34	Wang Qingbo	CHN/88	Ningbo	17.05.2005
Octathlon	6232	Moh.Ahmed Al-Mannai	QAT/92	Bressanone	09.07.2009
(11.31; 7.01; 14.20; 50.29 / 14.52; 1.98; 49.44; 2:46.01)					
Decathlon	7479	Cao Wen	CHN/81	Shanghai	21/22.10.1997
Youth hurdl./impl.	(10.87; 6.88; 12.15; 1.91; 48.94 / 15.11; 38.16; 4.40; 55.80; 4:31.88)				
3000 m W/Track	11:14.80	Wang Kun	CHN/89	Yantai	11.10.2006
5000m W/Track	19:30.15	Zhang Rui	CHN/89	Yantai	11.10.2006
10000 m W/Track	39:47.20	Chen Ding	CHN/92	Bydgoszcz	11.07.2008
10 km W/Road	38:57	Li Tianlei	CHN/95	Beijing	18.09.2010
20 km W/Road	1:18:07	Li Gaobo	CHN/89	Cixi	23.04.2005
30 km W/Road	2:08:46	Wang Zhen	CHN/91	Zhengzhou	16.03.2008
50 km W/Road	3:45:46	Yu Guoping	CHN/86	Guangzhou	23.11.2001
4x100 m Relay	39.93	National Youth Team	JPN	Kobe	17.06.2016
(Wada, Hiraga, Imoto, Miyamoto)					
Medley Relay	1:50.52	National Youth Team	JPN	Donetsk	14.07.2013
(Oda, Nagata, Yamaki, Yui)					
<u>Youth / U 18 Girls</u>					
100 m	11.42	Wang Jing	CHN/75	Shijiazhuang	24.04.1992
200 m	23.03	Salwa Eid Nasser	BRN/98	Plovdiv	28.06.2015
400 m	50.01	Li Jing	CHN/80	Shanghai	18.10.1997
800 m	1:57.18	Wang Yuan	CHN/76	Beijing	08.09.1993
1000 m	2:45.98	Mai Nishiwaki	CHN/93	Singapore	22.05.2010
1500 m	3:54.52	Zhang Ling	CHN/81	Shanghai	18.10.1997
3000 m	8:36.45	Ma Ningning	CHN/76	Jinan	06.06.1993
5000 m	14:45.71	Song Liqing	CHN/80	Shanghai	21.10.1997
10000 m	31:11.26	Song Liqing	CHN/80	Shanghai	19.10.1997
2000 m St x1)	6:33.06	Maristela Parami Wasanthi	SRI/01	BuenosAires	12.10.2018
3000 m St x1)	9:57.34	Wang Juan	CHN/89	Shijiazhuang	06.08.2006
100 m H (76.2 cm)	13.27	Li Xiao	CHN/78	Banska Byst.	07.07.1995
100 m H (84 cm)	13.19	Hsu Le	TPE/03	Taipei	04.12.2020

400 m H	55.30	Li Rui	CHN/79	Nanjing	26.10.1995
High Jump	1.92	Zheng Xingjuan	CHN/89	Zhongshan	24.04.2005
Pole Vault	4.45	Zhang Yingning	CHN/90	Changsha	29.10.2006
Long Jump	6.74	Lu Minjia	CHN/94	Jinan	23.10.2009
Triple Jump	14.57	Huang Qiuyan	CHN/80	Shanghai	19.10.1997
Shot Put (3 kg)	19.31	Li Xinhui	CHN/01	Zhuzhou	16.04.2018
Discus (1 kg)	60.50	Liang Yan	CHN/95	Kunshan	25.09.2012
Hammer (3 kg) x2)	68.84	Zhao Jie	CHN/02	Huludao	24.05.2019
Javelin (500 g)	63.69	Wang Ying	CHN/01	Jinzhou	15.05.2018
Heptathlon	6185	Shen Shengfei	CHN/81	Shanghai	17/18.10.1997
		(14.23; 1.83; 14.37; 24.13 / 5.93; 44.50; 2:17.81)			
3000 m W/Track	12:22.2	Qin Aihua	CHN/88	Yenking	04.09.2004
5000 m W/Track	21:13.16	Cui Yingxi	CHN/71	Jinan	30.10.1988
5 km W/Road	21:05	Yang Xizhen	CHN/06	Taicang	08.04.2023
10000m W/Track	42:56.09	Gao Hongmiao	CHN/74	Tangshan	27.09.1991
10 km W/Road	43:15	Li Hong	CHN/79	Zhuhai	10.03.1996
20 km W/Road	1:30:35	Zhou Tongmei	CHN/88	Cixi	23.04.2005
4x100 m Relay	44.84	National Youth Team	CHN	Weinan	19.08.2017
		(Gong Luying, Zhu Cuiwei, Tao Yanan, Feng Lulu)			
Medley Relay	2:07.61	National Youth Team	JPN	Donetsk	14.07.2013
		(Nakamura, Fujimori, Aoyama, Matsumoto)			

x1) Ruth Jebet achieved faster performances in 2013 (i.e. 6:17.33 at Manama/29 Oct 2013 & 9:40.84 at Pune/5 Oct 2013), when she was not yet eligible to compete at major International Champs/Games for Bahrain and therefore was subsequently disqualified as the winner at Pune (Asian Champs)

x2) better performance with 4 kg/Senior implement: 70.60 Zhang Wenxiu CHN/86 at Nanning/15 Apr 2003