

4th Asian Indoor Championships at Tehran / 24. – 26.02.2010

(-courtesy of the Asianathletics-website-)

-following are the complete results; date/year-of-birth data added (where known to me by other sources) –
-athletes from only 23 ASIAN AA Member Federations participated at these Champs. where events for
Women were held during morning sessions separately from the events for Men in the afternoon –
-very poor standards in most events for Women and in several events for Men; new Championships records
were achieved in only 4 events (all for Men) & equalled in one event (Women's High Jump)

Abbreviations: CR = new Championships records; NIR = new national indoor records -

Men:

- 60 m (24): Samuel Francis QAT/270387 **6.58 / CR**; Reza Ghasemi IRI/87 6.67; Barakat Mubarak Al-Harathi OMA/150688 **6.68 / NIR**; Lai Chun Ho HKG/050289 6.71; Zhang Peimeng CHN/130387 6.78; Peyman Rajabi IRI/080183 6.86; Vyacheslav Muravyev KAZ/140782 6.86; Mohamed Sanad Al-Rashidi BRN/021286 6.87;
- heats- (24) h1: Ghasemi **6.66 / NIR**; Francis 6.67; Lai Chun Ho 6.77; Rinat Galiyev KAZ/280284 6.93; Dmitriy Illin KGZ/240589 7.05; Jalal Dilzar IRQ **7.09 / NIR**; Ildar Hojayevev TKM/89 **7.19 / NIR**; Hossain Haleem MDV/271182 7.40; h2: Al-Harathi **6.69 / NIR**; Muravyev 6.81; Zhang Peimeng 6.85; Hossein Ghaemi IRI/020183 6.89; Mohamed Farhan Khalifa BRN/251279 6.93; Igor Khan TJK/91 7.17; Pao Hin Fong MAC/271085 7.23; Jassem Al-Aymen IRQ/220191 7.36; h3: Al-Rashidi 6.81; Rajabi 6.85; Lu Bin CHN/190587 6.87; Abdul Najeeb Qureshi IND/250288 6.90; Leung Chun Wai HKG/021084 6.93; Ahmad Rahal SYR **6.97 / NIR**; Islam Berdiyev TKM/92 7.20; Ismail Shanif MDV **7.27 / NIR**;
- 400 m (26): Bibin Mathew IND/160187 **47.81 / CR & NIR**; Reza Bouazar IRI/220587 48.14; Shahab Aldin Tahmasebi IRI/210889 48.15; Dmitriy Korobelnikov KAZ/160787 49.06; Mohsen Zarin Afzal IRI/210988 49.77; Sergey Zaykov KAZ/230987 49.80;
- heats- (25) h1: Mathew 49.16; Zarin Afzal 49.19; Korobelnikov 49.47; Ahmed Nasser Al-Wahaibi OMA/250887 50.21; Jassem Al-Aymen IRQ/220191 51.20; h2: Bouazar 48.71; Tahmasebi 48.77; Zaykov 49.34; Farkhod Kuralov TJK/180393 **50.40 / NIR**; Karim Tarek Karim IRQ 50.71;
- 800 m (25): Mohamed Mutlak Al-Azimi KUW/160682 1:53.22; Abdulrahman Musaeb Balla QAT/190389 1:54.25; Masato Yokota JPN/191187 1:54.71; Hamza Driouch QAT 1:54.75; Ali Reza Aryanik QAT/310587 1:55.57; Mehdi Zamani IRI 1:56.24;
- heats- (24) h1: Yokota 1:52.74; Al-Azimi 1:52.80; Balla 1:53.02; Zamani 1:54.10; Mehdi Karar Al-Abody IRQ/080886 1:56.36; h2: Driouch 1:56.56; Aryanik 1:56.92; Farkhod Kuralov TJK/180393 1:57.13; Ghamanda Ram IND/010784 1:58.02; Mohd Jironi Riduan MAS/020986 2:01.13;
- 1500 m (26): Ali Abubaker Kamal QAT/081183 3:51.78; Mohamed Al-Garni QAT/010792 3:53.12; Rouhollah Mohammadi IRI/240879 3:55.64; Qais Sulaiman Al-Mahrooqi OMA/181086 **3:55.71 / NIR**; Ali Meghdadipoor IRI 3:57.01; Mohammad Saleh Rostami IRI 3:59.58; Sergey Pakura KGZ/030583 4:05.74; Ajmal Amirov TJK/160985 4:14.22; Mohd Jironi Riduan MAS/020986 **4:16.54 / NIR**;
- 3000 m (24): James Kwalia Kurui QAT/120684 7:57.73; Essa Ismail Rasheed QAT/141286 7:57.77; Mohamad Khazaei IRI/210985 8:26.33; Qais Sulaiman Al-Mahrooqi OMA/181086 **8:39.00 / NIR**; Mohamad Javad Sayadi IRI 8:46.41; Hossein Keyhani IRI/260490 8:53.25; Ridwan INA/250589 9:03.53; Ajmal Amirov TJK/160985 9:33.04; Chan Kit Chan MAC/211188 10:17.73;
- 60 m H (26): Jiang Fan CHN/160989 **7.75 / CR**; Fawaz Dahesh Al-Shammari KUW/030477 **7.90 / NIR**; Mohammad Godarzi IRI 7.95; Nazar Mukhamedzhan KAZ/231182 7.98; Mohd Robani Hassan MAS/180183 8.06; Sandeep Parmar IND/290983 8.25; Denis Semenov KAZ/101090 8.31; Mojtaba Poostchi IRI/140884 dnf;
- heats- (26) h1: Jiang Fan **7.75 / CR**; Poostchi 7.99; Hassan 8.07; Semenov 8.15; Parmar 8.16; Ahmad Reza Khanfari IRI 8.31; h2: Godarzi 7.96; Al-Shammari 8.03; Mukhamedzhan 8.04; Bilal Al-Tares SYR **8.36 / NIR**; Ilyas Seisov TKM/92 8.73;
- H J (25): Moataz Essa Barshim QAT/240691 2.20; Keyvan Ghanbarzadeh IRI/260590 2.17; Jean-Claude Rabbath LIB/120777 2.17; Rashid Ahmed Al-Mannai QAT/180788 2.17; Hikaru Tsuchiya JPN/010286 2.17; Sergey Zasimovich KAZ/110386 & Hari Shankar Roy IND/040486 & Zhao Kuansong CHN/110286 2.14; Esfandiari Ayati IRI/120585 2.11; Vitaliy Tsykunov KAZ/220187 2.11; Amin Hosseinzadeh Rahbar IRI/230387 2.11; Sayed Abbas Al-Alaoui UAE/310784 **2.08 / NIR**; Lee Hup Wei MAS/050587 2.05; Madid Faraj Salah Salem KUW/240892 & Lei Kuok Kuan MAC/131189 0.0/no height;
- P V (26): Mohammad Mohsen Rabbani IRI/180483 5.20; Nikita Filippov KAZ/071091 5.10; Eshagh Ghaffari IRI/280781 4.90; Bader Hashim Khamis Al-Jabor QAT/280191 4.40; Mohammad Bayati IRI 4.40;

- L J (24): Rikiya Saruyama JPN/150284 7.65; Zhuang Haitao CHN/010689 7.58; Mohamed Ibrar IND/050189 **7.56 / NIR**; Rozbeh Asadibaksh IRI/220483 7.53; Joebert Delicano PHI/160180 **7.28 / NIR**; Yevgeniy Chettykbayev KAZ/290388 7.19; Dmitriy Ilin KGZ/240589 7.18; Behrooz Sistanipoor IRI/110486 7.14;
- T J (26): Dong Bin CHN/221188 **16.73 / CR**; Nobuak Fujibayashi JPN/141084 16.33; Roman Valiyev KAZ/270384 16.25; Jia Yingli CHN/160284 16.04; Yevgeniy Chettykbayev KAZ/290388 16.04; Vahid Sedigh IRI 15.60; Ali Reza Habibi IRI/210985 15.44; Mostafa Ataei IRI/220782 14.09; Abdullah Mohamed Al-Yoha KUW/190291 13.86;
- S P (25): Satyender Kumar Singh IND/190586 19.17; Meshari Suroor Saad KUW/020787 18.78; Hamid Reza Nodehi Farahani IRI/220287 18.58; Ali Reza Mehrafoti IRI/89 17.38; Saurabh Vij IND/140687 17.22; Adi Alifuddin Hussin MAS/040988 **16.67 / NIR**; Tejen Hommadov TKM/84 15.38;
- Hept (24/25): Hadi Sephehrzad IRI/190183 5292 (6.97; 6.75; 15.82; 1.92 / 8.28; 3.90; 3:09.99); Abdul Jalil Tomaj IRI 5054 (7.40; 7.13; 12.0; 1.95 / 8.97; 3.80; 2:59.14); Pulimootil Joseph Vinod IND/040379 4981 (7.22; 6.66; 13.34; 1.83 / 8.77; 4.10; 3:00.61); Ali Hazer LIB/170884 **4813 / NIR** (7.16; 6.43; **11.59 / NIR**; 1.83 / **8.45 / NIR**; **3.40 / NIR**; 2:52.32); Saeed Kolivand IRI 4664 (7.08; 6.38; 12.00; 1.83 / 9.00; 3.50; 2:50.32); Arnold Villarube PHI/230380 dnf (7.19; 6.33; **10.85 / NIR**; ---); Vu Van Huyen VIE/080883 dnf (7.17; ---);
- 4x400 R (26)/hand-timed/names of runners not reported: IRI 3:15.2; IND 3:16.5; KAZ **3:17.6 / NIR** (only 3 teams);

Women:

- 60 m (24): Jiang Lan CHN/270689 7.51; Han Ling CHN/271085 7.55; Olga Bludova KAZ/051191 7.57; Chan Ho Yee HKG/271284 7.65; Maryam Tosi IRI/051288 7.71; Sodabeh Sobhani IRI 7.73; Nafiseh Mataei IRI 7.75; Gretta Taslakian LIB/160885 dns;
- heats- (24) h1: Jiang Lan 7.61; Chan Ho Yee 7.66; Taslakian 7.77; Mataei 7.78; Dana Hussein Abdulrazzak IRQ/030186 7.85; Yelena Ryabova TKM/031190 7.87; Bouthaina Eid Al-Yaaqoubi OMA/91 **8.38 / NIR**; h2: Han Ling 7.58; Bludova 7.63; Toosi 7.74; Sobhani 7.75; Lam Ka Im MAC/051192 8.31; Yusra Khamis Al-Shoukri OMA 8.90;
- 400 m (26): Mounira Al-Saleh SYR/180586 **53.79 / NIR**; Marina Maslenko KAZ/030782 53.89; Jauna Murmu IND/160890 54.56; Yelena Dombrovskaya KAZ/200190 55.47; Priyanka Pawar IND/030488 56.18; Maryam Toosi IRI/051288 56.39;
- heats- (25) h1: Maslenko 55.75; Murmu 56.60; Toosi 58.28; Leong Ka Man MAC/070190 59.80; Solmaz Azimian IRI 59.81; h2: Dombrovskaya 56.01; Al-Saleh 56.22; Pawar 56.49; Dana Hussein Abdulrazzak IRQ/030186 62.06; Yusra Khamis Al-Shoukri OMA **70.03 / NIR**;
- 800 m (25): Truong Thanh Hang VIE/010586 2:12.75; Tatyana Borisova KGZ/030676 2:14.60; Mina Poorseifi IRI/210984 2:15.87; Bitra Haji IRI/jr 2:18.20; Fahimeh Kalhoor IRI/190286 2:24.11; Gulestane Mahmood Ieso IRQ/030187 **2:31.61 / NIR**;
- 1500 m (26): Viktoriya Polyudina KGZ/290689 **4:29.65 / NIR**; Oxana Verner KAZ/100488 4:30.60; Tatyana Borisova KGZ/030676 4:32.06; Leila Ebrahimi IRI/210479 4:36.26; Truong Thanh Hang VIE/010586 4:39.29; Zahra Ali Akbari IRI/251285 4:54.54; Mahboobeh Ghayour IRI 4:57.37;
- 3000 m (24): Oxana Verner KAZ/100488 9:39.35; Viktoriya Polyudina KGZ/290689 **9:43.99 / NIR**; Leila Ebrahimi IRI/210479; Mahboobeh Ghayour IRI 10:29.31; Fatemeh Jafari IRI/jr 11:35.75;
- 60 m H (25): Wong Wing Sum HKG/180189 8.79; Somayeh Mehraban IRI 9.41; Elnaz Company IRI 9.49; Suliman Bahar IRQ **9.55 / NIR**; Farzaneh Mashayekhei IRI 9.73;
- H J (24): Marina Aitova KAZ/130982 **1.93 / CR** = (equalled her own record from Bangkok/2006); Anna Ustinova KAZ/081285; Qiao Yanrui CHN/290988 1.83; Duong Thi Viet Anh VIE/301290 1.83; Yuki Mimura JPN/120888 1.80; Sepideh Tavakoli IRI/020389 1.75; Zahra Nabizadeh IRI/251283 1.65;
- P V (25): Roslinda Samsu MAS 4.00; Tatyana Turkova KAZ/040288 3.70 (only 2 competitors);
- L J (25): Lyudmila Grankovskaya KAZ/130289 5.98; Chen Yaling CHN/240484 5.95; Reshmi Bose IND/100586 5.93; Maliakkal Antonhy Prajusha IND/200587 5.92; Tatyana Konysheva KAZ 5.79; Cheung Lai Yee HKG/130884 **5.69 / NIR**; Tse Mang Chi HKG/010981 5.49; Vahideh Kordloo IRI 5.06;
- T J (26): Liu Yanan CHN/180187 13.66; Lyudmila Grankovskaya KAZ/130289 12.95; Tatyana Konysheva KAZ 12.82; Sayuri Takeda JPN/290889 12.55; Maliakkal Anthony.Prajusha IND/200587 12.43; Tse Mang Chi HKG/010981 12.31; Cheung Lai Yee HKG/130884 11.85; Reshmi Bose IND/10586 11.72; Mahsa Motamedi IRI/290585 11.48;
- S P (24): Leyla Rajabi IRI/180483 **17.32 / NIR**; Meng Qianqian CHN/060191 17.03; Ma Qiao CHN/280989 16.97; Alexandra Fisher KAZ/030688 14.77; Mahrokh Moradi IRI/180989 12.21; Hiba Al-Omar SYR/22069 11.86; Maryam Norouzi IRI 11.83;
- Pentathlon (26): Zahra Nabizadeh IRI/251283 2691 (10.47; 1.75; 7.04; 4.76; 3:05.61); Suleiman Bahar IRQ **2682 / NIR** (9.68; 1.36; 8.07; 4.66; 2:40.61); Farzaneh Mashayekhei IRI 2541 (9.83; 1.39; 7.53; 4.30; 2:42.24); Zahra Asadizadeh IRI 2479 (10.89; 1.54; 6.84; 4.48; 2:45.60); Alaa Hikmat Al-Qasim IRQ/140985 2164 (0.00; 1.33; 9.27; **4.77 / NIR**; **2:25.90 / NIR**);

4x400 R (26): IND (Priyanka Pawar, Janna Murmu, A.C.Ashwini, Karnatappa Sowjanya) 3:43.83; KAZ 3:44.20;
IRI 4:00.03 (only 3 teams);

Medal Tally

(26 events / no Bronze medal in W/PV; athletes from 16 countries won medals)

IRI 5 + 5 + 11 = 21

CHN 4 + 4 + 2 = 10

QAT 4 + 3 + 0 = 7

KAZ 3 + 7 + 4 = 14

IND 3 + 1 + 4 = 8

KGZ 1 + 2 + 1 = 4

KUW 1 + 2 + 0 = 3

JPN 1 + 1 + 1 = 3

HKG, MAS, SYR & VIE each 1 Gold;

IRQ 1 Silver

LIB & OMA each 1 Bronze